

DAKAR 2026 YOUTH OLYMPIC GAMES			
ELIGIBILITY CRITERIA			
All disciplines must comply with the Olympic Charter and other relevant rules as below:			
DISCIPLINE CODE	DISCIPLINE	AGE REQUIREMENTS	ADDITIONAL IF ELIGIBILITY CRITERIA
ARC	Archery	Athletes must not turn 18 years old in the year of the Youth Olympic Games competition.	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must obtain the Minimum Qualification Standard (MQS) as follows: Africa: Men 60m Round 554 Women 60m Round 545 Asia, America, Europe and Oceania Men 60m Round 615 Women 60m Round 605 Athletes may participate in Under 18 tournaments when the competition takes place up to and in the year of the athlete's 17th birthday.
ATH	Athletics	Athletes must be born between 1 January 2009 and 31 December 2010 (inclusive).	Athletes selected must be registered with a Member Federation of World Athletics.
BDM	Badminton	No minimum age requirement.	To be eligible to participate in the Youth Olympic Games Dakar 2026, all athletes must: • Have participated in at least one (1) BWF Sanctioned tournament; OR • Appear in the BWF World Junior Ranking prior the Sport Entries Deadline (25 September 2026).
BK3	Basketball 3x3	Athletes must be born between 1 January 2009 and 31 December 2010 (inclusive).	Athletes selected for Dakar 2026 Youth Olympic Games cannot have played for the national team in basketball (5v5 or 3x3) for another country in an Official Competition of FIBA.
BKG	Breaking	Athletes must be at least 13 years old on the first day of BKG competition.	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must: • Hold a valid WDSF ID Card (license) during 2025/2026; • Participate in at least one (1) Breaking competition approved by WDSF and included in the 2025/2026 WDSF competition calendar; • Comply with WDSF Rules and Regulations.
BOX	Boxing	Athletes must be born between 14 November 2008 and 31 December 2009 (inclusive).	The Boxing National Federations of the participating NOCs should be affiliated to World Boxing. To be eligible to participate in the Dakar 2026 Youth Olympic Games, athletes should participate at the "U19 World Boxing Future's Cup" to be held in Q1-2026 to be eligible for Dakar 2026 Youth Olympic Games.
BS5	Baseball 5	Athletes must be born between 14 November 2008 and 31 October 2012 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, a National Federation (NF) and its athletes must: • Be in full compliance with the WBSC Statutes, By-Laws, Rules and Regulations; • Be present in the WBSC Baseball5 World Ranking by the 31 December 2025.
CRD	Cycling Road	Athletes must be born between 14 November 2008 and 31 December 2009 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must: • Hold a valid UCI license issued by a UCI member national federation; • For NOC to be considered for quota to be allocated, in each gender NOC must have entered junior athletes in at least one of the 2025 UCI Road World Championships, the 2025 Continental Championships for their continent, and / or have earned points in the 2025 UCI Junior Nations Cup ranking for that gender.
EQU	Equestrian	Athletes must be born between 14 November 2008 and 31 December 2011 (inclusive).	All athletes taking part in the Dakar 2026 Youth Olympic Games must have obtained a Certificate of Capability confirming that the athlete has fulfilled the minimum eligibility requirements for the YOG 2026. Athletes who achieve the results according to either of the following paragraphs will earn a Certificate of Capability: 1. Athletes who achieve a score of not more than eight penalties in the first round of any of the following competitions: • 2025 FEI Jumping European Junior Championship; • 2025 FEI Jumping North American Junior Championship; • 2025 FEI Jumping South American Junior Championship; • CSI1* Grand Prix Competition; • CSI2* Grand Prix Competition; • CSU or CSY or CSU25 Grand Prix Competition. 2. Athletes who achieve a combined score of not more than eight penalties in the first and second rounds of an FEI Jumping World Challenge Category A Competition (Certificates of Capability may only be earned in Competition 3 of the FEI Jumping World Challenge Category A in any country). Certificates of Capability must be obtained between 1 April 2025 and 15 May 2026.
FBS	Futsal	As per IOC Participation Principles	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all teams must meet the following criteria: • Participation and results in continental and/or international events (in the same age category). And/or; • FIFA World Futsal Ranking; • All athletes' nationality must follow both the International Federation and IOC regulations.
FEN	Fencing	Athletes must be 14 years or older on the day of the Opening Ceremony (31 October 2026).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must: • Hold a valid International FIE license and; • Participate in at least one (1) Cadet/Junior World Championships or Zone Championships. The calendar of the events can be found at https://fie.org/competitions .
GAR	Gymnastic Artistic	Athletes must be maximum 17 years old for men's event and maximum 15 years old for women's event at the time of the Games, including up to the Closing Ceremony, with the minimum age requirements per discipline aligned with the FIG Technical Regulations and approved by the IOC as follows: • Men's Artistic gymnastics: 16 to 17 years • Women's Artistic gymnastics: 14 to 15 years	To be eligible to participate in Dakar 2026 Youth Olympic Games, all athletes must hold a FIG License valid until the conclusion of the Artistic Gymnastics competitions at Dakar 2026 Youth Olympic Games. All NOCs with a team must have participated with a team in at least one FIG sanctioned junior or youth event in 2025 and 2026, to be eligible to obtain a Team quota place. All NOCs with an individual athlete (i.e., for NOC without a Team) must have participated with an individual athlete in at least one FIG sanctioned junior or youth event in 2025 and 2026, to be eligible to obtain an individual athlete quota place. Athletes who have participated in a Senior World Championships, a Senior Continental Championships, a World Cup/World Challenge Cup, and Multi-sport Games, may not participate in Dakar 2026 Youth Olympic Games.
HBB	Beach Handball	Athletes must be at least 15 years old on the first day of HBB competition.	Athletes selected must be registered with a Member Federation of IHF.
JUD	Judo	Athletes must be born between 14 November 2008 and 31 October 2011 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must have: 1. Minimum Grade - 1st KYU In judo, 1st KYU denotes the highest KYU level of brown belt, which reflects a high degree of technical competence and competitive experience, appropriate for international youth-level events. After this level, only black belts are awarded, with the corresponding Dan grade. 2. Performance Records Each nominated athlete must submit verifiable performance records from their National Federation, covering the previous two years (2025 and 2026). These records should highlight the athlete's top three results from recognized IJF competitions.
RCB	Rowing Coastal Beach Sprint	Athletes must be born on or after 14 November 2008.	To be eligible for participation in the Dakar 2026 Youth Olympic Games in Rowing Beach Sprint, National Olympic Committees (NOCs) must ensure their athletes are safe, competent, and experienced in the discipline. NOCs must also demonstrate the existence of an active youth beach sprint rowing programme in their country, evidenced through participation (or planned participation) by their Member Federation (MF) in international, continental, or regional competitions in 2024, 2025 and 2026, as well as the organization of a National Championships event and a published national selection policy by the MF. Furthermore, athletes must comply with the Olympic Charter and World Rowing Rules of Racing—specifically Rule 14 and Coastal Rowing (RC) Rule 4 concerning rower safety. All athletes must also possess basic swimming skills, including the ability to swim 50 meters and remain afloat with their head above water unassisted for three minutes.
RU7	Rugby Sevens	The participation age group is (15-16-17). Athletes must be born between 14 November 2008 and 31 October 2011 (inclusive). All athletes must comply with the provisions of the World Rugby Elite Rugby Age Guidelines https://www.world.rugby/the-game/player-welfare/guidelines/age-grade	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must comply with World Rugby Regulation 8 – Eligibility requirements. https://www.world.rugby/organisation/governance/regulations/reg-8
SAL	Sailing	Athletes must be born between 14 November 2009 and 31 October 2012 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must: • Be registered as a World Sailing Sailor and provide their Sailor Identification Number to the IOC SEQ during the entry process; • Hold a valid insurance certificate showing proof of third-party liability with a minimum coverage per incident of €2,000,000 or equivalent, if deemed to be the "person in charge".
SKB	Skateboarding	Athletes must be born on or before 31 December 2011.	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must be affiliated to a World Skate recognized National Federation.
SWM	Swimming	Athletes must be older than 14 years of age as of the date of the Opening Ceremony (31 October 2026) and must be younger than 17 years of age on the date of the Closing Ceremony (15 November 2026).	To be eligible for selection by a National Olympic Committee (NOC), an athlete must have been listed on the World Aquatics Rankings at any time during the period from 1 February 2025 to 1 May 2026.
TKW	Taekwondo	Athletes must be born between 1 January 2009 and 31 December 2010 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, Taekwondo athletes must hold a Kukkwon Dan or Poom certificate, hold a valid World Taekwondo Global Athlete Licence, and have competed in Junior category events recognized by World Taekwondo and listed on the official World Taekwondo Event Calendar.
TRI	Triathlon	Athletes must be born between 1 January 2009 and 31 December 2010 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must meet one of the following requirements between 10 May 2025 and 31 March 2026: • To participate and finish in a Youth or Junior Continental Championships held in a semi-final/final format; • To participate and finish in a Youth or Junior Continental Championships; • To participate and finish in a World Triathlon Development Regional Cup; • To participate and finish in the World Triathlon Junior Championships. Please consult the official World Triathlon calendar: https://triathlon.org/events?view=list&type=upcoming
TTE	Table Tennis	Athletes must be born on or after 1 January 2009	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must have participated in at least one ITTF sanctioned event between 25 October 2025 and 25 June 2026 prior to the Dakar 2026 Youth Olympic Games.
VBV	Beach Volleyball	Athletes must be born on or after 1 January 2009	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must fulfil the below: 1. Comply with the requirements set out in Chapter (Status of Players) of the FIVB Beach Volleyball Sport Regulations and Article 5 FIVB Volleyball Sports Regulations, and registered in the FIVB database. 2. Demonstrate availability of athletes to participate in the Dakar 2026 Youth Olympic Games Beach Volleyball competition; and 3. Field depth and competition strength: • International, regional and national competition results including strength of competition and consistency of performance; • Widely and regularly practicing national Beach Volleyball athletes; • Among top ranked national Beach Volleyball athletes.
WRB	Beach Wrestling	Athletes must be born between 1 January 2009 and 31 December 2011 (inclusive).	To be eligible to participate in the Dakar 2026 Youth Olympic Games, all athletes must hold a valid license issued by their National Wrestling Federation and be registered in United World Wrestling's (UWW) official database. Athlete participation in U17 international beach wrestling competitions will be considered as part of the evaluation criteria in the quota allocation process for the Dakar 2026 Youth Olympic Games.
WSU	Wushu	Athletes must be born between 14 November 2008 and 31 October 2011 (inclusive).	To be eligible to participate in Dakar 2026 Youth Olympic Games, all athletes need to be registered for participation in the World Junior Wushu Championships 2026. Only athletes who will participate in the World Junior Wushu Championships 2026 and are registered by the December Junior World Championships sport entries deadline will be eligible for an invitation to participate in Dakar 2026 Youth Olympic Games.