

Date: 25th April 2026

Notification-Assessment Schedule – Elite National Coaching Camp

The rankings determined from this assessment shall be followed for the Commonwealth Games, Asian Games, World Boxing Cup 2, and any other international competitions until the next assessment is conducted.

This is to inform all Campers that the assessment to determine the **National Camp Ranking** at the **Elite National Coaching Camp** will be conducted as per the following schedule by the High Performance Unit-

<https://boxingfederation.in/wp-content/uploads/2026/02/High-Performance-Unit.pdf>

1. Assessment Schedule as per Selection Criteria 2026

- **5th May to 7th May 2026:**

Strength & Conditioning Tests

(Details of the tests have been uploaded on the official website of Boxing Federation of India.)

<https://boxingfederation.in/wp-content/uploads/2026/01/BFI-Physical-Testing-Criteria.pdf>

- **11th May to 15th May 2026:**

The sparring sessions will be conducted in a knockout format. The total assessment will carry 200 marks, comprising 50 marks for non-technical parameters—namely Attendance, Weight Management, Health Management, International Potential, and Strength & Conditioning—and 50 marks for technical evaluation awarded by each evaluator, as per the format attached at Annexure-I.

Sr No	Guidelines for Assessment of Boxers
1	All Elite National Campers (Except the finalists of the Asian Championship 2026 in Olympic Weights) are required to formally communicate the weight category in which they intend to participate for the assessment by 29th April 2026.
2	For Olympic Weights - Ranks 1–4 will be based on the latest National Camp standings. Ranks 5 and 6 will go to the gold and silver medalists of the COAS Cup 2026. All other boxers who have changed weight categories will be placed below them through a draw of lots.
3	For Non - Olympic Weights - Ranks 1–2 will be based on the latest National Camp standings. Ranks 3 and 4 will go to the gold and silver medalists of the COAS Cup 2026. All other boxers who have changed weight categories will be placed below them through a draw of lots.

Sr No	Guidelines for Assessment of Boxers
4	In weight categories where there are 4 boxers, highest rank boxer will compete with lowest rank boxers in a knockout format. In weight categories with more than four boxers, those ranked 3 and below will compete among themselves first in a knockout format, and then face Rank 1 and Rank 2 to determine the final National Camp rankings.
5	In Olympic Weights- Rank 1 to 4 after the assessment will be part of the National Coaching camp rest will be excluded. In Non-Olympic Weights- Rank 1&2 after the assessment will be part of the National Coaching Camp rest will be excluded.
6	The detailed day-wise bout schedule will be shared once all campers confirm the weight category they wish to compete in.

2. Weight Allowance for Assessment (Rounded off to nearest First Decimal):

WOMEN						
Weight Category	Weight allowance 1st May- 5%	Weight allowance 4th May- 4%	Weight allowance 6th May- 4%	Weight allowance 8th May- 3%	Weight allowance 9th May- 2%	Weight allowance for assessment Sparring 11-15 May - 1%
48	50.4	49.9	49.9	49.4	49.0	48.5
51	53.6	53.0	53.0	52.5	52.0	51.5
54	56.7	56.2	56.2	55.6	55.1	54.5
57	59.9	59.3	59.3	58.7	58.1	57.6
60	63.0	62.4	62.4	61.8	61.2	60.6
65	68.3	67.6	67.6	67.0	66.3	65.7
70	73.5	72.8	72.8	72.1	71.4	70.7
75	78.8	78.0	78.0	77.3	76.5	75.8
80	84.0	83.2	83.2	82.4	81.6	80.8

MEN						
Weight Category	Weight allowance 1st May- 5%	Weight allowance 4th May- 4%	Weight allowance 6th May- 4%	Weight allowance 8th May- 3%	Weight allowance 9th May- 2%	Weight allowance for assessment Sparring 11-15 May - 1%
50	52.5	52.0	52.0	51.5	51.0	50.5
55	57.8	57.2	57.2	56.7	56.1	55.6
60	63.0	62.4	62.4	61.8	61.2	60.6

Weight Category	Weight allowance 1st May- 5%	Weight allowance 4th May- 4%	Weight allowance 6th May- 4%	Weight allowance 8th May- 3%	Weight allowance 9th May- 2%	Weight allowance for assessment Sparring 11-15 May - 1%
65	68.3	67.6	67.6	67.0	66.3	65.7
70	73.5	72.8	72.8	72.1	71.4	70.7
75	78.8	78.0	78.0	77.3	76.5	75.8
80	84.0	83.2	83.2	82.4	81.6	80.8
85	89.3	88.4	88.4	87.6	86.7	85.9
90	94.5	93.6	93.6	92.7	91.8	90.9

For each instance of being overweight as per the above table, 2 marks will be deducted per session until 9th May 2026.

From the sparring sessions commencing on 11th May 2026, a weight allowance of up to 1% of the respective weight category (in which the boxer is participating for assessment) will be permitted. **Any boxer exceeding this 1% allowance will be excluded and will not be permitted to participate in the sparring sessions.**

3. Health Management:

Scoring Structure

1. A weekly score out of **5 points** will be assigned for each week from **29th April to 10th May 2026**, beginning from the start of the training camp and prior to the formal assessment period.
2. Weekly scoring will be conducted across a total of **two weeks**, with each week carrying a maximum of **5 points**.
3. Each athlete will receive a **final score out of 10 points**, based on overall performance, participation, health management, and compliance with medical and training protocols.

Assessment Criteria

1. Compliance with Medical Team Instructions

Example: If the Sports Medical Team determines that an athlete is medically fit to resume training, but the athlete gives excuses to avoid participation:

- **0 Points** – Athlete does not follow the medical team’s advice and refuses to participate in training.
- **1 Point** – Athlete follows the medical team’s advice and participates in training.

2. Training Sessions Modified Due to Chronic Injury

Scoring will be based on the number of training sessions modified due to chronic injury:

- **3 or more sessions modified** – 0 points
- **1 to 2 sessions modified** – 1 point
- **No sessions modified** – 2 points

3. Training Sessions Missed Due to Injury or Illness

Scoring will be based on the number of training sessions missed due to injury or illness:

- **3 or more sessions missed** – 0 points
- **1 to 2 sessions missed** – 1 point
- **No sessions missed** – 2 points

Final Scoring Summary

- **Maximum Weekly Score:** 5 Points
- **Total Score for Two Weeks:** 10 Points

4. Attendance at the National Coaching Camp:

As per the prescribed protocol uploaded on BFI's official website, the attendance of the boxers at the National Coaching Camp shall be duly recorded from 29th April 2026. Each missed training sessions will result in a deduction of 1 (One) mark from the boxer's overall attendance score.

To avoid attendance penalties, any absence from training must be formally approved by both Head Coach and the Boxing Federation of India. Only absences with such prior authorisation will be considered valid leave and marks will not be deducted.

Note: If any boxer is found to be indisciplined during the camp, it may result in negative marking as decided by the HPU

Annexure-I

BFI Boxing Athlete Evaluation Form		
Athlete Name:	Weight Class:	
Evaluation Topic	Max 10 Points per Category	Comments
Attendance at HPU training		
International Performance Potential		
Weight Management		
Strength and Conditioning		
Health Management		
Total		

BFI Boxing Athlete Evaluation Form		
Evaluation Topic (Technical/Tactical Criteria)	Max 5 Points per Category	Comments
Competitiveness/Domination		
Combination Punching		
Effectiveness of Defense		
Effectiveness of Attack		
Intensity/Time Between Attacks		
Effective Jab		
Effective Feinting		
Coachability		
Adaptability		
Rules Infringement/Ring General		
Total		