Therapeutic Use Exemption (TUE)

- Athletes may have illnesses or conditions that require them to take particular medications.
- If the medication fall under the *Prohibited List*, a Therapeutic Use Exemption (TUE) may be given, which authorize the athletes to take the needed medicine.
- TUE certification is done by TUEC based on the medical evidences produced before it.

CRITERIA FOR GRANTING TUES

if each of the following conditions is met:

1. If treatment is denied a significant *impairment to health* will occur

2. It should not produce *any additional enhancement of performance* than the return to normal state of health after treatment

CRITERIA FOR GRANTING TUEs ... contd

- 3. There is no reasonable therapeutic alternative
- 4. The use is not a consequence of the prior use (without a TUE) of a prohibited substance or method



Responsibilities of Athletes

21.1 Roles and Responsibilities of Athletes

- 21.1.1 To be knowledgeable of and comply with all applicable anti-doping policies and rules adopted pursuant to the Code.
- 21.1.2 To be available for Sample collection at all times.
- 21.1.3 To take responsibility, in the context of antidoping, for what they ingest and Use.
- 21.1.4 To inform medical personnel of their obligation not to Use Prohibited Substances and Prohibited Methods and to take responsibility to make sure that any medical treatment received does not violate anti-doping policies and rules adopted pursuant to the Code.
- 21.1.5 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that the Athlete committed an anti-doping rule violation within the previous ten years.
- 21.1.6 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.

PART THREE ROLES AND RESPONSIBILITIES

All Signatories shall act in a spirit of partnership and collaboration in order to ensure the success of the fight against doping in sport and the respect of the Code.

[Comment: Responsibilities for Signatories and Athletes or other Persons are addressed in various Articles in the Code and the responsibilities listed in this part are additional to these responsibilities.]

Responsibilities of Athletes...contd.

21.1.4

To inform medical personnel of their obligation not to use **Prohibited Substances and Prohibited Methods and to** take responsibility to make sure that any medical treatment does not violate anti-doping policies and rules adopted pursuant to the Code



PART THREE ROLES AND RESPONSIBILITIES

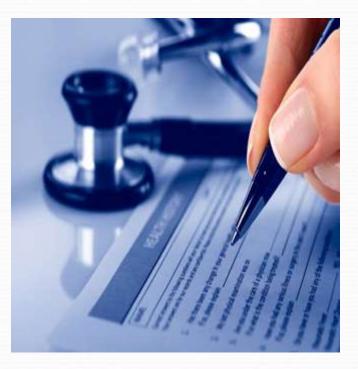
All Signatories shall act in a spirit of partnership and collaboration in order to ensure the success of the fight against doping in sport and the respect of the Code.

nant: Responsibilities for res, aries and Athletes or other par ns are addressed in various res, is in the Code and the **Responsibilities of Athletes ...contd.**

- Apply for TUE each time, when ever the prohibited substance is prescribed
- **Do not take prohibited substance without TUEC**
- Athletes are responsible for violation of anti-doping rule

TUE process

- Download a TUE form from NADA website
- Certified dully filled form by treating physician – submit to NADA
- TUEC will decide on your application
- National level athletes- Apply to NADA/ National Federation
- International level athletes-Apply to International Federation (IF)



Apply 30 days in advance

Retroactive TUE approval

• Emergency treatment or treatment of an acute medical condition was necessary, or

 Due to exceptional circumstances, there was insufficient time or opportunity for an applicant to submit, or a TUEC to consider, an application prior to *Doping Control*