

Therapeutic Use Exemption (TUE)

- Athletes may have illnesses or conditions that require them to take particular medications.
- If the medication fall under the *Prohibited List*, a Therapeutic Use Exemption (TUE) may be given, which authorize the athletes to take the needed medicine.
- TUE certification is done by TUEC – based on the medical evidences produced before it.

CRITERIA FOR GRANTING *TUEs*

if each of the following conditions is met:

1. If treatment is denied a significant *impairment to health* will occur
2. It should not produce *any additional enhancement of performance* than the return to normal state of health after treatment

CRITERIA FOR GRANTING TUEs ...contd

3. There is no reasonable therapeutic alternative
4. The use is not a consequence of the prior use (without a TUE) of a prohibited substance or method



Responsibilities of Athletes

21.1 Roles and Responsibilities of *Athletes*

- 21.1.1 To be knowledgeable of and comply with all applicable anti-doping policies and rules adopted pursuant to the *Code*.
- 21.1.2 To be available for *Sample* collection at all times.
- 21.1.3 To take responsibility, in the context of anti-doping, for what they ingest and *Use*.
- ★ 21.1.4 To inform medical personnel of their obligation not to *Use Prohibited Substances* and *Prohibited Methods* and to take responsibility to make sure that any medical treatment received does not violate anti-doping policies and rules adopted pursuant to the *Code*.
- 21.1.5 To disclose to their *National Anti-Doping Organization* and International Federation any decision by a non-*Signatory* finding that the *Athlete* committed an anti-doping rule violation within the previous ten years.
- 21.1.6 To cooperate with *Anti-Doping Organizations* investigating anti-doping rule violations.



PART THREE ROLES AND RESPONSIBILITIES

All *Signatories* shall act in a spirit of partnership and collaboration in order to ensure the success of the fight against doping in sport and the respect of the *Code*.

[Comment: Responsibilities for Signatories and Athletes or other Persons are addressed in various Articles in the Code and the

responsibilities listed in this part are additional to these responsibilities.]

21.1.4

To inform medical personnel of their obligation not to use Prohibited Substances and Prohibited Methods and to take responsibility to make sure that any medical treatment does not violate anti-doping policies and rules adopted pursuant to the Code



Responsibilities of Athletes ..contd.

- **Apply for TUE each time, when ever the prohibited substance is prescribed**
- **Do not take prohibited substance without TUEC**
- **Athletes are responsible for violation of anti -doping rule**

TUE process

- Download a TUE form from NADA website
- Certified dully filled form by treating physician – submit to NADA
- TUEC will decide on your application
- **National level athletes-** Apply to NADA/ National Federation
- **International level athletes-** Apply to International Federation (IF)



Apply 30 days in advance

Retroactive TUE approval

- Emergency treatment or treatment of an acute medical condition was necessary, or
- Due to exceptional circumstances, there was insufficient time or opportunity for an applicant to submit, or a TUEC to consider, an application prior to *Doping Control*