

# Strategy Against Southpaw Boxer

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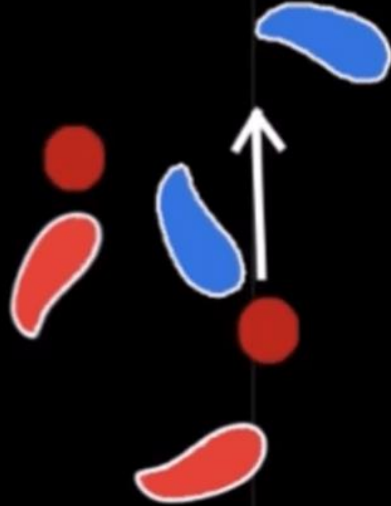
- Southpaw is said to be stronger in boxing than Orthodox
- The reason is the numbers, 1 in 10 boxers is Southpaw in the world, this allows the boxer to have much more experience in the ring against the Orthodox.

# How To Disturb a Southpaw Boxer

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- One should not Attack Southpaw from straight line and guard position should not be in front line, but the Southpaw's right (leading) foot must always be between the Orthodox feet.

**SOUTHPAW**




**ORTHODOX  
/CONVENTIONAL**

**ADVANTAGE - ORTHODOX**

**Like I said previously,  
anything a southpaw can do  
a conventional boxer  
can also do.**

**Stepping your lead over  
to the left of the Southpaw  
gives you the same advantage**



**SOUTHPAW**

**ORTHODOX  
/CONVENTIONAL**

**L-SHAPE**  
The **L-Position** or the **L-Shape** is widely talked about when discussing how to fight opposite handed fighters.

The L-shape or L-Position is basically talking about one boxer establishing **Lead Foot Dominance** over their opponent.

- The advantage of the encounter will be mainly to the left of the Orthodox (i.e. dominance of the toe), but not by moving an inverted angle in advance.
- The conduct of the race by the Orthodox must be under pressure in advance and leading the match without going backwards.







- Always respect the position of the feet, work with the left arm (lead hand), anticipate the Southpaw by hitting it on the face outside of his right arm, but above all to the body finding the distance and hit with a strong right arm.



- The primary strategy should be moving of the legs, but the strategy on the legs must always be the same as if, facing an Orthodox. Always change directions both left and right, without focusing on the opponent's guard, work on the counterattack and with speed.



**THANKS**  
FOR WATCHING