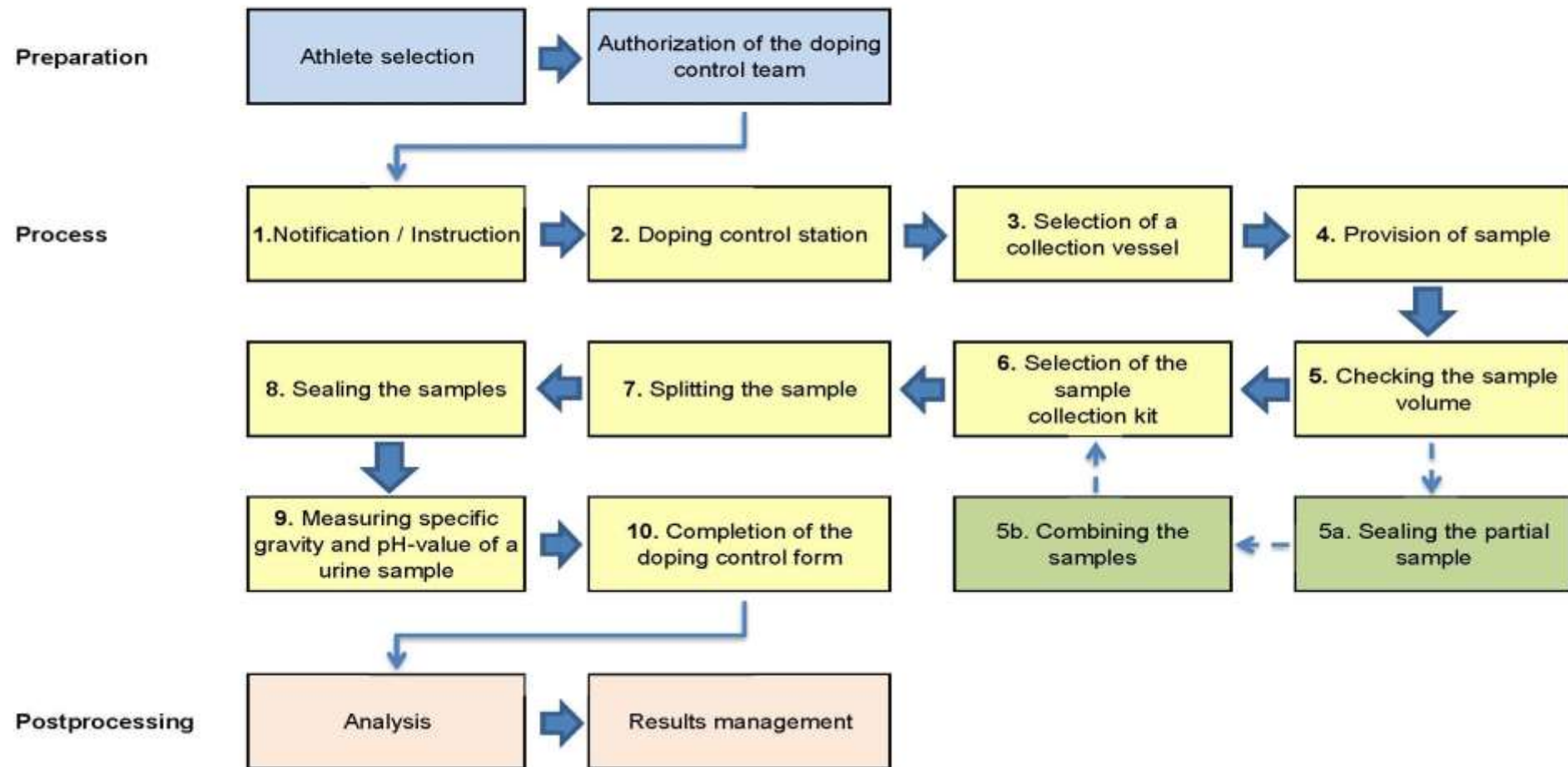


SAMPLE COLLECTION PROCESS

- Two types of Dope Samples
 - Urine
 - Blood
- Currently NADA have more than 200 trained Dope Control Officers for dope sample collection
- Mostly located around important Sports Centres across India.

DOPING CONTROL PROCESS

Doping control process



Athlete's Selection



- 💧 Athlete can be selected for doping control anytime, anywhere by NADA.

Athlete's Selection



- 💧 Selection may occur in three ways:
 - ✓ Medal
 - ✓ Random
 - ✓ Target

Notification



- ◆ Athlete once selected for a doping control test is notified by Doping Control Officer (DCO).
- ◆ DCO will ask athlete to sign the receipt of notification form and agreement to undergo for the test.
- ◆ Athlete may be advised of their rights and responsibilities.

Reporting to Doping Control Station (DCS)



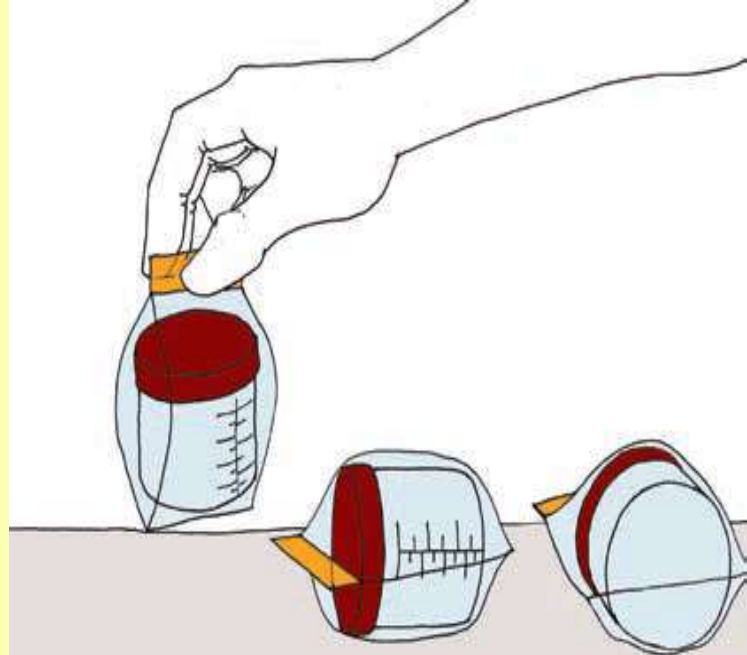
- ◆ Athlete are required to report to the DCS as soon as possible after notification (maximum of 15 minutes for out-of-competition and 60 minutes for In-Competition testing).
- ◆ Failure to report may result in an ADRV.

Getting Ready for Dope Sample



Drink Water

Selection of Collection Vessel



- When Athlete is ready to urinate or feels sufficient pressure may select a sealed and sterile container, wrapped individually in a plastic bag.

Urine Collection Vessel



Provision of Urine Sample



- ◆ The DCO, who is the same gender as Athlete must witness direct passing out of urine from athlete.
- ◆ Athlete is required to remove any clothing/obstruction from the mid-chest to knees and from the hands to the elbows.

Volume of Urine Sample



- Minimum volume of 90 ml. of urine, in case of Erythropoietin (EPO) testing volume is 120 ml.
- Remember that athlete are the only one who handles the sample**

Selection of Doping Control Kit



- 💧 Athlete is asked to select a dope kit, consisting of labeled containers, which will hold, identify and secure urine sample.
- 💧 Again, Athlete are responsible for handling their sample until it is sealed.

Urine Sample Collection Kit



Splitting of Sample



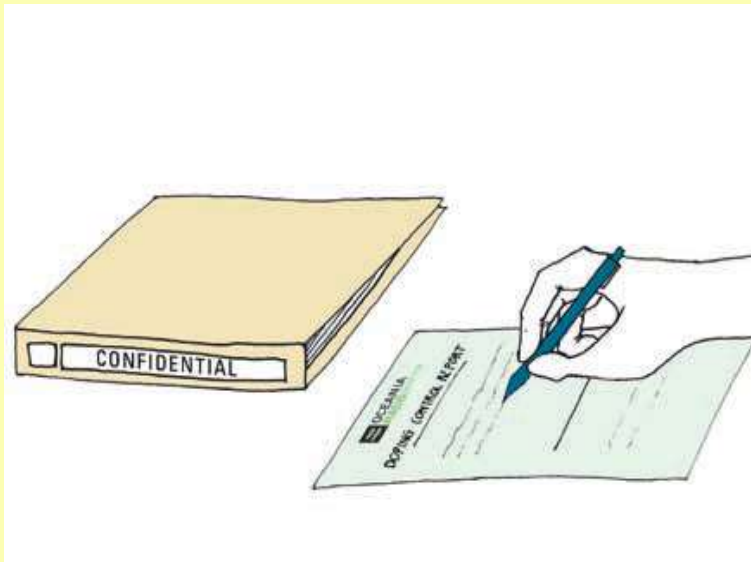
- ◆ Athlete splits the sample, pours urine himself, unless assistance is required by athlete.
- ◆ Athlete pours the required volume of urine in the 'B' bottle i.e. 30 ml and then remaining urine is poured into the 'A' bottle i.e. 60 ml.

Sealing of Sample



- ◆ Athlete is asked to leave a small amount of urine in the collection vessel so that the DCO can measure the specific gravity and/ or pH of the urine according to the relevant laboratory guidelines.

Documentation



- ❖ Athlete must provide information on the doping control form about any prescription or nonprescription medication or any supplements consumed recently.

DOPING CONTROL FORM FORMULAIRE DE CONTRÔLE DU DOPAGE									
1. ATHLETE INFORMATION - INFORMATION CONCERNANT LE(S) PORTIF									
FULL NAME / NOM COMPLET		GIVEN NAME / NOM PRÉNOM		DATE OF BIRTH / DATE DE NAISSANCE		SEX / SEXE		HEIGHT / HAUTEUR	
NATIONALITY / NATIONALITÉ		SPORT / SPORT		N° of ID CARD / N° de Carte d'Identité		N° of ID CARD / N° de Carte d'Identité		N° of ID CARD / N° de Carte d'Identité	
COUNTRY / PAYS		CITY / VILLE		STATE / ÉTAT		COUNTRY'S CODE / CODE DU PAYS		SPORT'S CODE / CODE DU SPORT	
2. NOTIFICATION - NOIFICATION									
TYPE OF NOTIFICATION / TYPE DE NOTIFICATION		DATE OF NOTIFICATION / DATE DE NOTIFICATION		TIME OF NOTIFICATION / HEURE DE NOTIFICATION		PLACE OF NOTIFICATION / LIEU DE NOTIFICATION		NAME OF NOTIFICATION / NOM DE NOTIFICATION	
I HEREBY DECLARE THAT I HAVE READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS. I HAVE ALSO READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS. I HAVE ALSO READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS.									
3. INFORMATION FOR ANALYSIS - INFORMATION CONCERNANT L'ANALYSE									
TYPE OF SAMPLE / TYPE D'ÉCHANTILLON		DATE OF ANALYSIS / DATE D'ANALYSE		TIME OF ANALYSIS / HEURE D'ANALYSE		PLACE OF ANALYSIS / LIEU D'ANALYSE		NAME OF ANALYSIS / NOM D'ANALYSE	
BLOOD/SANG		N/A		A/B		A/B		A/B	
PARTIAL SAMPLE / ÉCHANTILLON PARTIEL		N/A		A/B		A/B		A/B	
URINE		A/B		A/B		A/B		A/B	
N/A		A/B		A/B		A/B		A/B	
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4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING - CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG									
I HEREBY DECLARE THAT I HAVE READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS. I HAVE ALSO READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS. I HAVE ALSO READ AND UNDERSTAND THE DOPING CONTROL REGULATIONS AND THE DOPING CONTROL FORM AND I AGREE TO SIGN AND SUBMIT IT TO THE DOPING CONTROL OFFICIALS.									
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Check Information and Sign



- ◆ Athlete also have the right to put comments on the form regarding the conduct of DCO during the doping control session. Be sure to confirm that all of the information is correct, including the dope kit number.
- ◆ Athlete receives a copy of the doping control form in the end.

Sending Sample to Laboratory

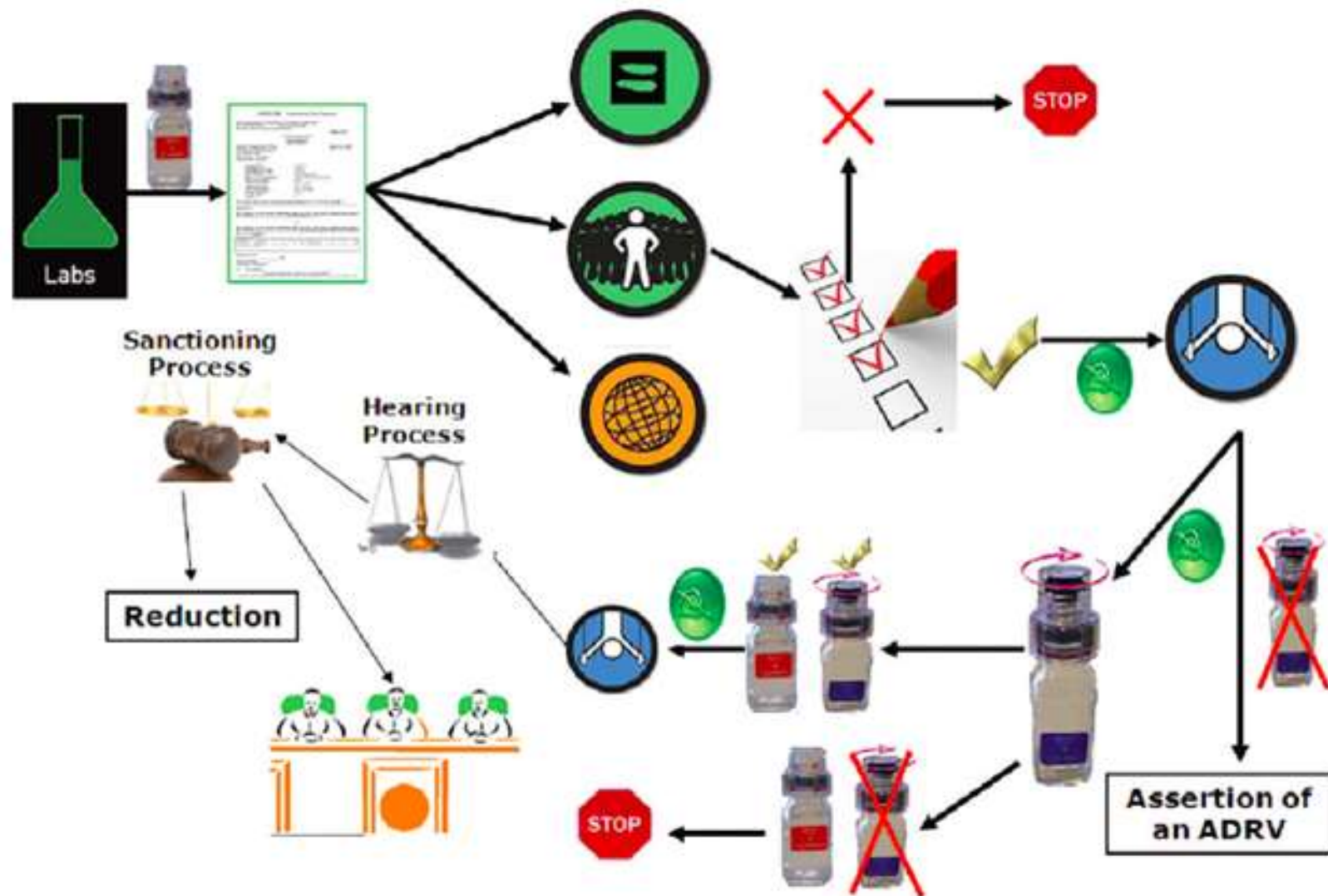


- 💧 NADA submit samples to Laboratory located at New Delhi.

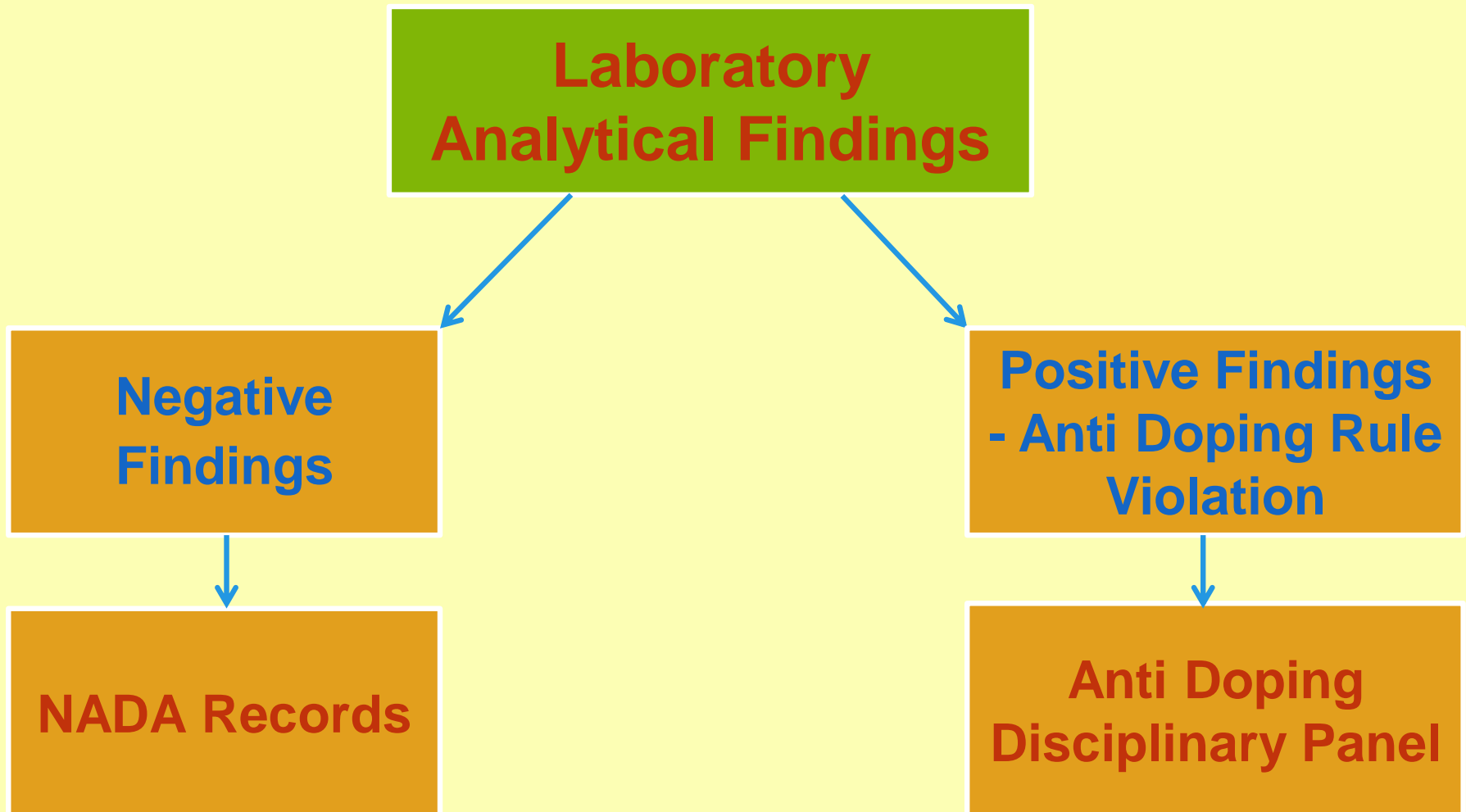
Laboratory Analysis



- ◆ The sample are packed for shipping to ensure that the security of the samples is tracked.
- ◆ The samples are sent to a WADA accredited laboratory. The laboratory then analyze sample 'A' for the presence of prohibited substance or methods.



Results Management



THANK YOU



Play Fair

Dr. Ankush Gupta

Project Officer

National Anti Doping Agency

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e-mail : info.nada@nic.in